

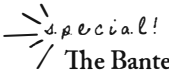


Gourmet Sandwiches and Salads, made fresh for all occasions.
Established in 1999.



All salads consist of lettuce, rocket, roma tomatoes, green beans, cucumber, red cabbage, potato salad, grilled eggplant, grilled zucchini, mushrooms, SDS Caramelised Carrot™, lentils, capsicum, beetroot, balsamic vinegar and olive oil. **No substitutes.**

- Tunalemon chive mayo 16
- Vegihummus 16
- Ham ...honey mustard & SDS Herb Mayo™ 16
- Chicken SchnitzelSDS Herb Mayo™ 16
- Chilli ChickenSDS Red Pesto™ 16
- Poached ChickenSDS Herb Mayo™ 16
- Smoked Salmonlemon chive mayo 18



The Banter ...chicken schnitzel, salad, tasty cheese
..... extra chicken, double Caramelised Carrots™,
..SDS Herb Mayo™, SDS Red Pesto™ and avocado 23



- | | |
|----------------------|--------------------------|
| Spanish onion .5 | Green beans 1 |
| Red cabbage 1 | Caramelised Carrot™.. 2 |
| Avocado 1 | Grilled eggplant 2 |
| Roma tomato 1 | Grilled zucchini 2 |
| Cucumber 1 | Roast tomato 2 |
| Beetroot 1 | Potato salad 2 |
| Dill pickles 1 | Bocconcini cheese .. 1 |
| Mushrooms 1 | Tasty cheese2 |
| Lentils 1 | Extra chicken 5 |
| Boiled egg1.50 | Allvegi 6 |

- Tunalemon chive mayo, dill pickles, capsicum, lettuce and rocket 11
- Vegihummus, potato salad, SDS Caramelised Carrots™,
.....mushroom, lentils, cucumber, capsicum, green beans, red cabbage,
.....grilled eggplant, grilled zucchini, beetroot, lettuce and rocket 12
- Leg Ham honey mustard, SDS Herb Mayo™, bocconcini,
.....roma tomato, lettuce and rocket 11
- Chicken SchnitzelSDS Herb Mayo™, lettuce and rocket
- Chilli ChickenSDS Red Pesto™, lettuce and rocket 11
- Poached ChickenSDS Herb Mayo™, roast tomato, lettuce and rocket 11
- Smoked Salmonlemon chive mayo, cucumber, lettuce and rocket 13

pecial add potato salad, avocado, SDS Caramelised Carrots™, boiled egg,
tomato and cheese 7



Favourites

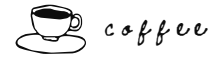
- Hugochicken schnitzel, SDS Herb Mayo™, lettuce, tasty cheese,
.....roma tomato, cucumber and SDS Caramelised Carrots™ 16
- Jimmychilli chicken, lettuce, avocado, SDS Caramelised Carrots™,
.....cucumber, spanish onion, rocket and SDS Red Pesto™ 14.5
- The Biatch chilli chicken, SDS Red Pesto™, SDS Herb Mayo™, lettuce
.....rocket, pickles, red cabbage, SDS Caramelised Carrots™ and bocconcini 15
- Daniel chicken schnitzel, chilli sauce, SDS Herb Mayo™,
..... SDS Caramelised Carrots™, lettuce and rocket 12.5
- Justinchilli chicken, hummus, SDS Caramelised Carrots™, SDS Red Pesto™,
.....lettuce and rocket 12.5
- The Brad Pittchicken schnitzel, potato, carrots, lentils,
.....capsicum, cucumber, mushroom, grilled eggplant, grilled zucchini,
.....beetroot, lettuce, rocket, double SDS Herb Mayo™ and chilli sauce™ 17
- Paisano... Chicken Schintzel, salami, Pastrami, prosciutto ,provolone cheese,
Roasted peppers, caramilsed carrots,Rocket,TRUFF sauce,Herb Mayo..... 20

- Browniessmall 2.5
.....large 5
- Muesli cookie 5
- Choc Chip cookie 5

drinks

- Sam's Juice 5
- San Pellegrino Sparkling Water .250ml 3
.....500ml 5
.....750ml 6
- Nutrient Water5
- Coca Cola 2.5
- Emma and Tom Juices 5
- Bundaberg Sodas 4
- Lipton Ice Tea 5
- Raw-C Coconut Water 4
- Original Spring Water 2
- Red Bull 4
- Remedy Kombucha 5

Famous Soda5



- Espresso3.5
- Piccolo 3.8
- Latte 3.8
- Cappuccino 3.8
- Flat White 3.8
- Mocha 4.3
- Hot Chocolate 3.8

add soy milk, almond milk,oat,caramel,
vanila, hazelnut 0.5